



Podcast Episode 6 - At the kitchen table with Arun Abey

How much is enough?

In this episode I spoke with Arun Abey. Having authored the book 'How much is enough' and advised clients in relation to wealth for many years, Arun has deep insight into wealth, purpose and happiness. He has a great perspective on how we need to educate and prepare our families to maximise wellbeing.

Listen to the episode below:

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